

	Lunedì	Martedì	Mercoledì	Giovedì	Venerdì	Sabato
09.00		Pilates mat 3 Lorenzo		Pilates mat 3 Lorenzo		TRX Gabriele
10.00		Pilates mat 2 Lorenzo		Pilates mat 2 Lorenzo		TRX Gabriele
11.00		Pilates mat 1 Lorenzo		Pilates mat 1 Lorenzo		TRX Gabriele
15.50	TRX Lorenzo					
16.00			TRX Lorenzo			
17.00	Pilates mat 1 Lorenzo		TRX Lorenzo			
18.00	Pilates mat 2 Lorenzo	Pilates mat 2 Brenda	TRX Lorenzo	Pilates mat 2 Brenda	Pilates mat 2 Laura	
19.00	Pilates mat 2 Lorenzo	Pilates mat 3 Brenda	TRX Lorenzo	Pilates mat 2 Brenda	Pilates mat 2 Laura	
20.00	Pilates mat 3 Lorenzo	Pilates mat 1 Brenda	TRX Lorenzo	Pilates mat 3 Brenda		

